

Lecture 2

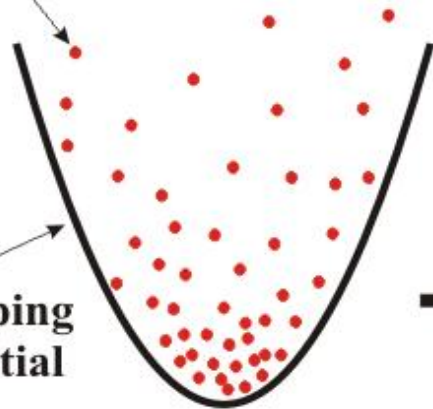
Evaporative cooling

Bose-Einstein condensation

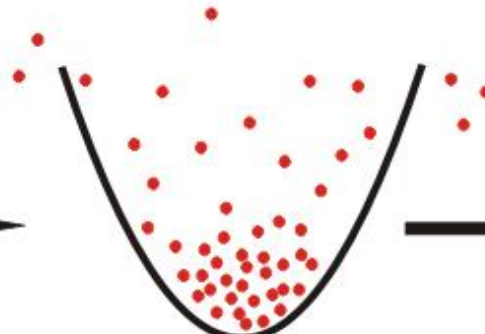
Evaporative cooling

Atoms
inside the trap

Trapping
potential



(a)



(b)



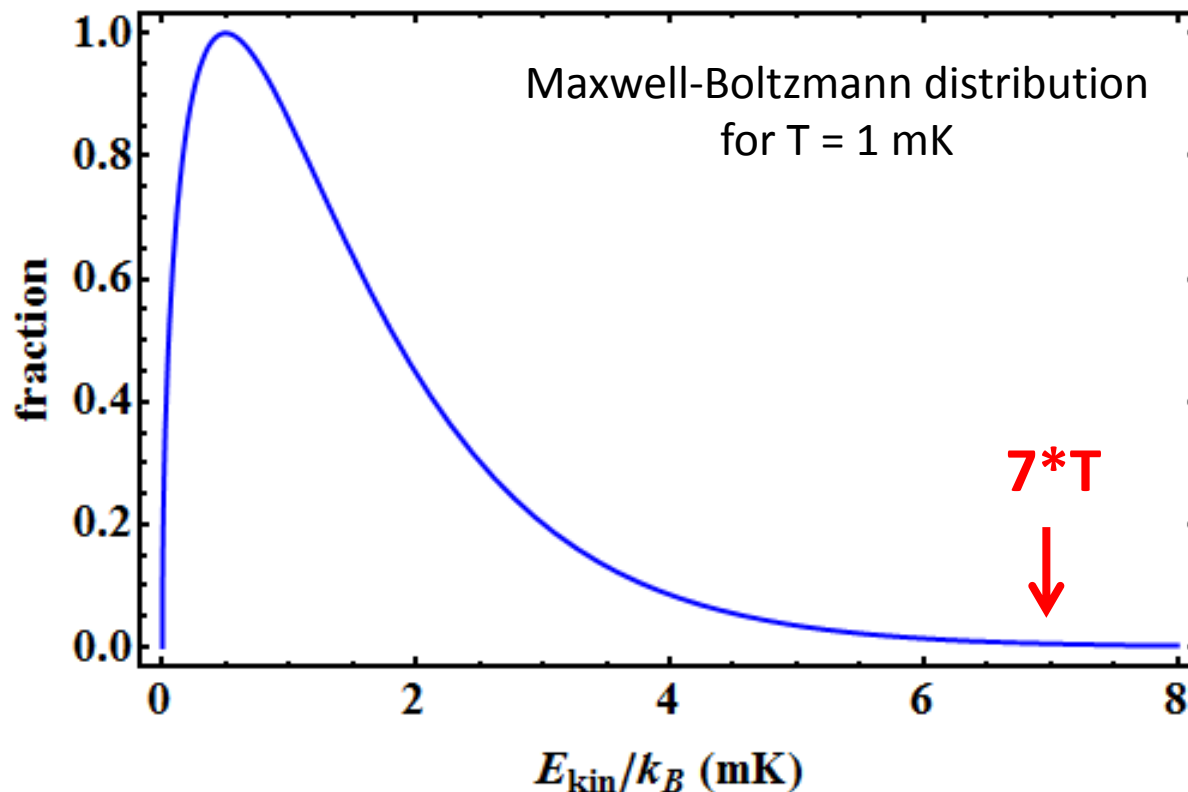
(c)



Plain evaporative cooling

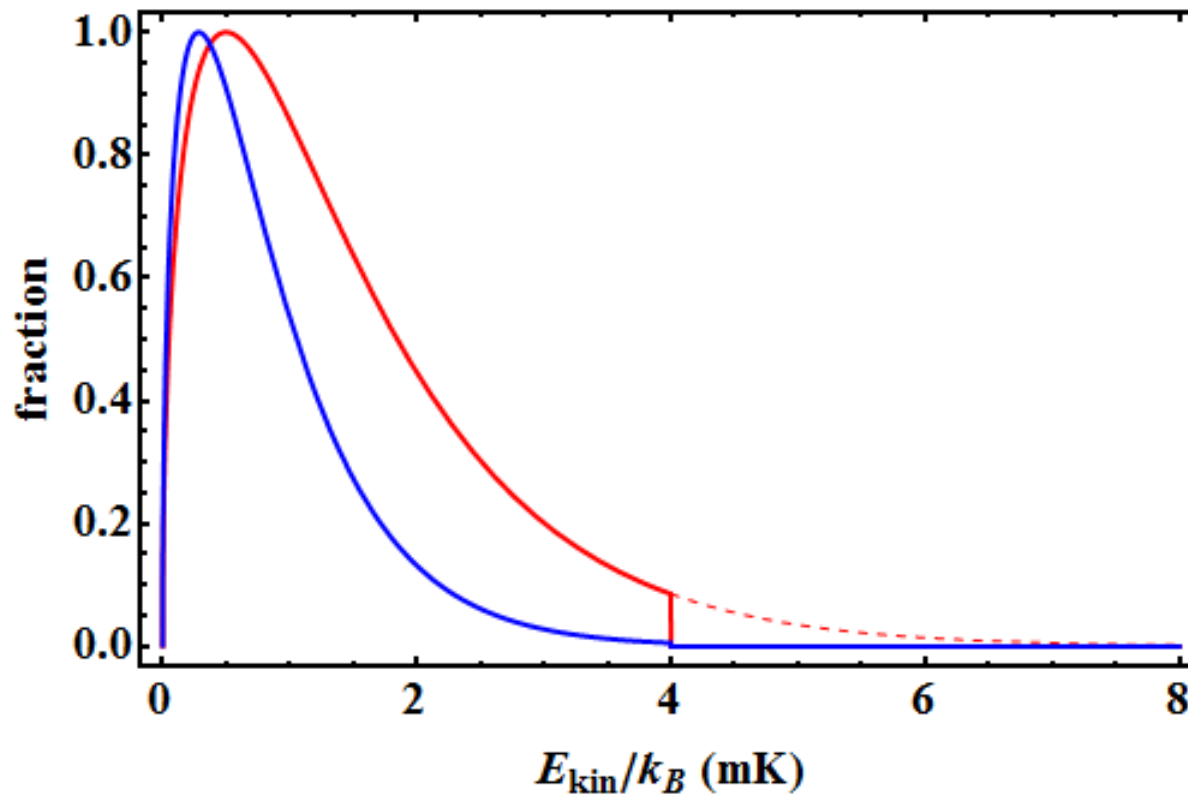
allow the gas to thermalize at a fixed trap depth

$$T \approx U_0/7$$



Forced evaporative cooling

dynamically lowering the trap depth



Temperature vs. atom loss

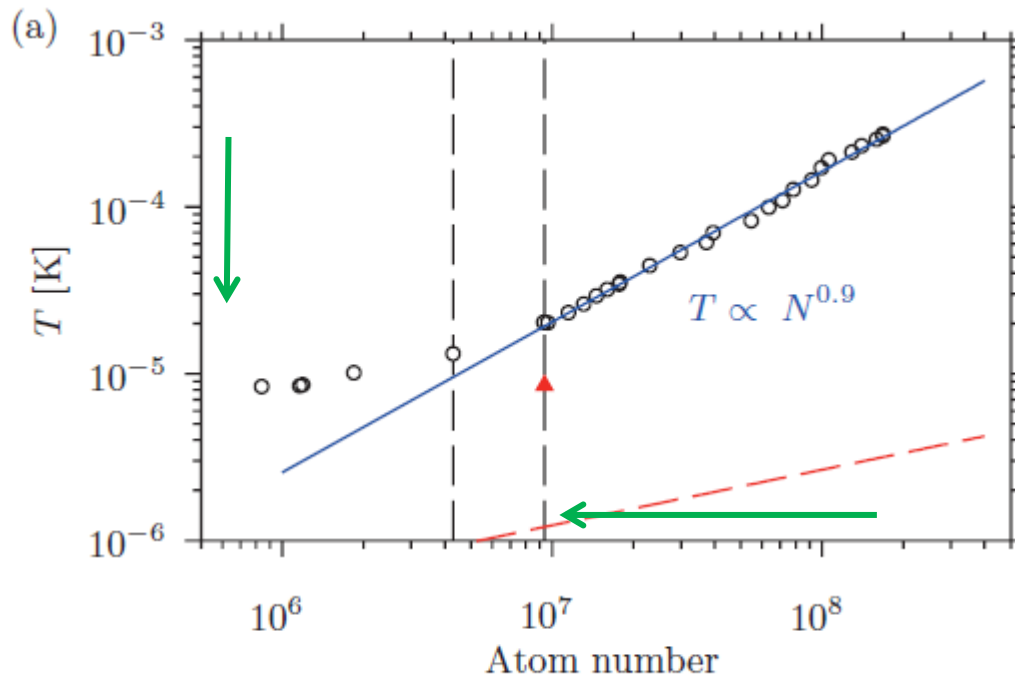
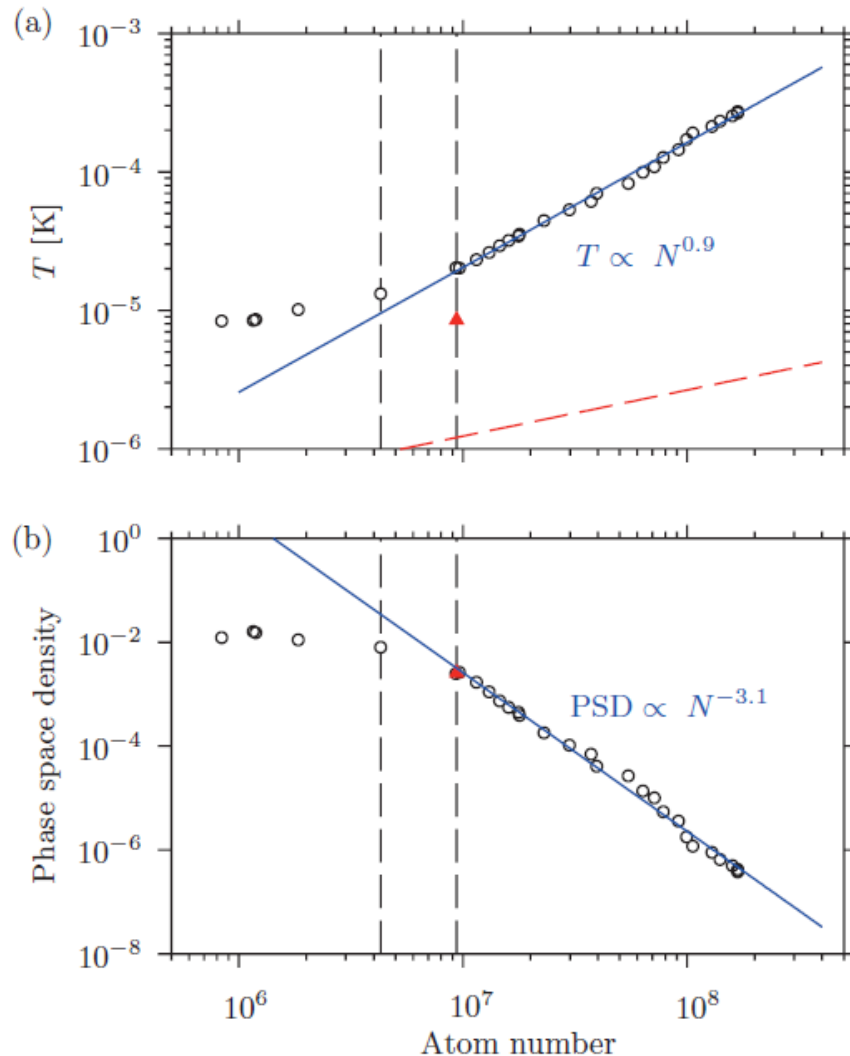


Figure of merit:

$$\alpha = \frac{\ln(T'/T)}{\ln(N'/N)}$$

typically a factor 10 lower temperature “costs” a factor 10 in atom number: $\alpha = 1$

Phase-space density vs. atom loss



More important figure of merit:

$$\gamma = -\frac{\ln(D'/D)}{\ln(N'/N)}$$

$$D = n\lambda_{\text{dB}}^3 \quad \text{phase-space density}$$

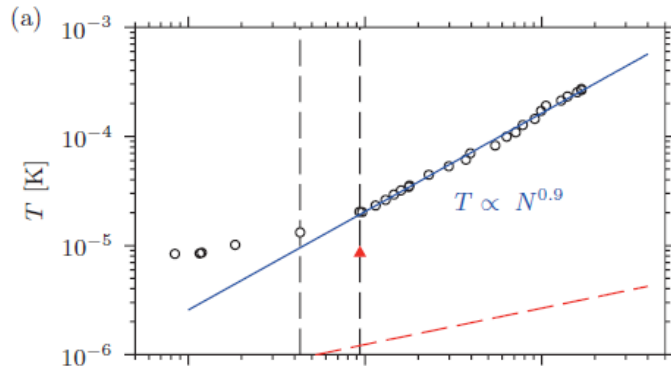
$$\lambda_{\text{dB}} = \frac{h}{\sqrt{2\pi m k_B T}} \quad \text{De Broglie wavelength}$$

$$n_0 = \frac{N}{4\pi} \left(\frac{\mu\alpha}{k_B T} \right)^3 \quad n_0 = N \left(\frac{m\bar{\omega}^2}{2\pi k_B T} \right)^{3/2}$$

QMT

harmonic trap

Speed of evaporation

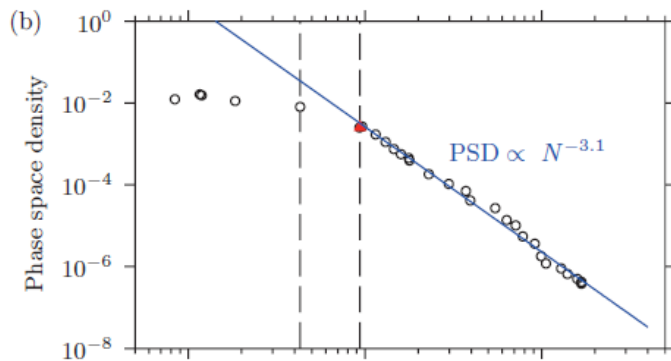


$$\Gamma_c = n \langle \sigma v \rangle$$

collision rate

$$\langle v \rangle = \sqrt{\frac{16k_B T}{\pi m}}$$

mean relative velocity

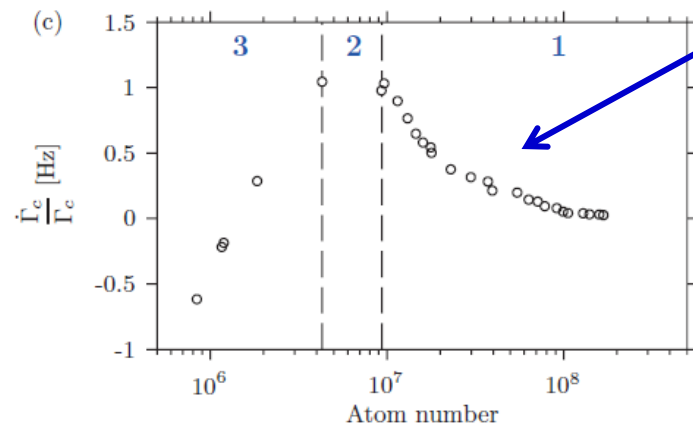


$$\sigma = 8\pi a^2$$

elastic cross section
($T \rightarrow 0$ limit)

if Γ_c increases:
“runaway evaporation”

a = scattering length

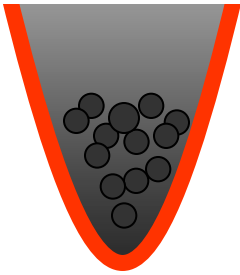


good collisions / bad collisions

elastic two-body collisions

- collisions with background gas
- inelastic two-body collisions
- inelastic three-body collisions

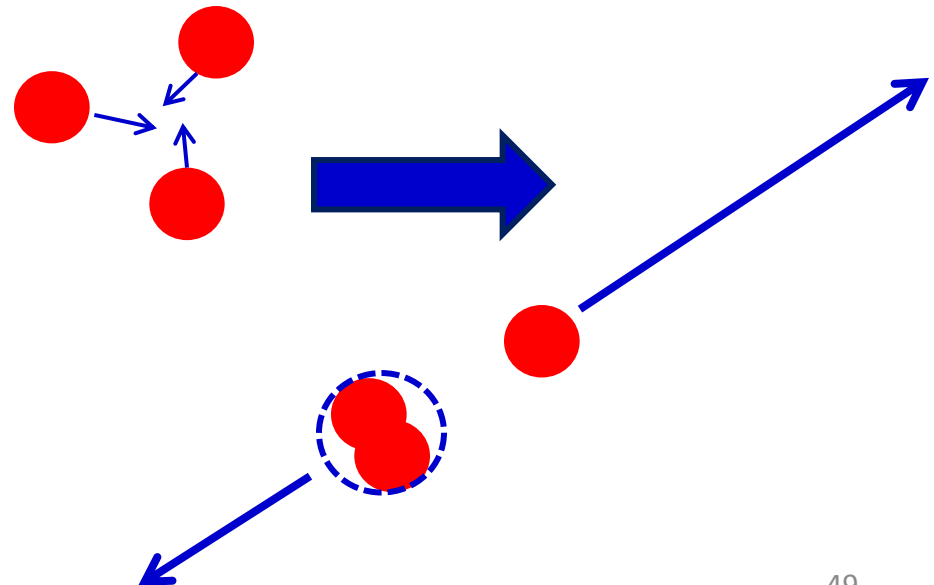
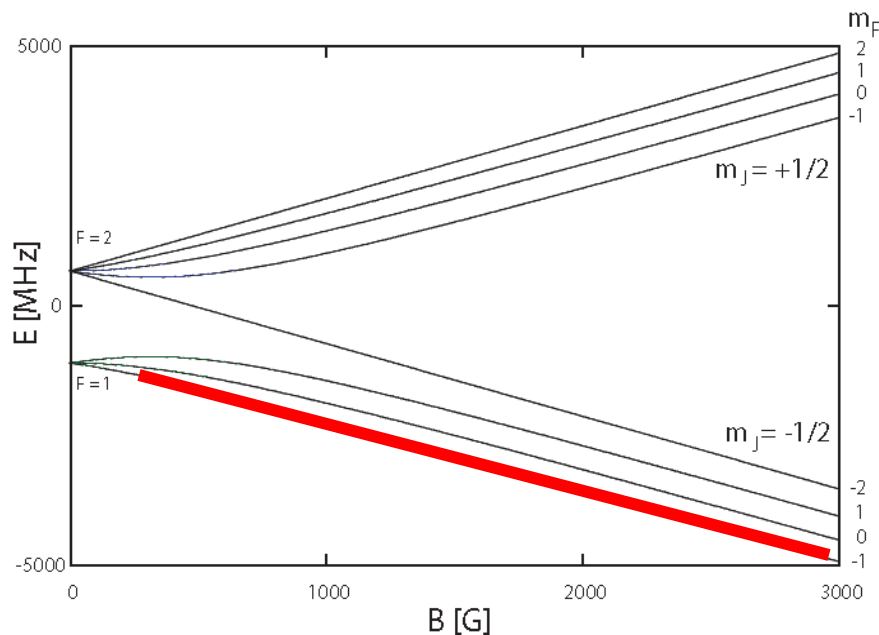
Lifetime of trapped ultracold gas



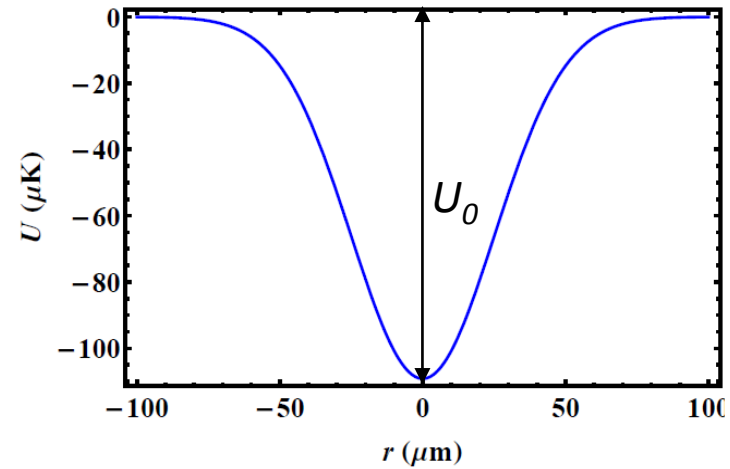
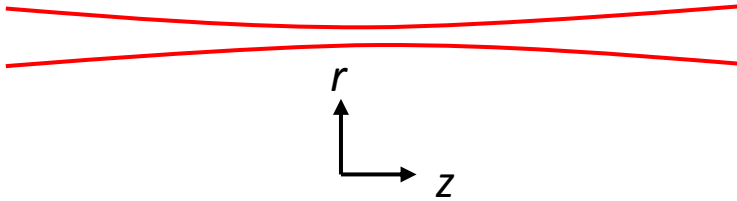
$$\dot{n} = -L_1 n - L_2 n^2 - L_3 n^3 - \dots$$

Inelastic collisions in which
release of energy $\gg$ trap depth

- L_1 : background collisions
- L_2 : spin exchange & spin relaxation
- L_3 : three-body recombination



Evaporative cooling in ODT



$$U_0 \propto P$$

Forced evaporative cooling by lowering the power of optical dipole beam ...

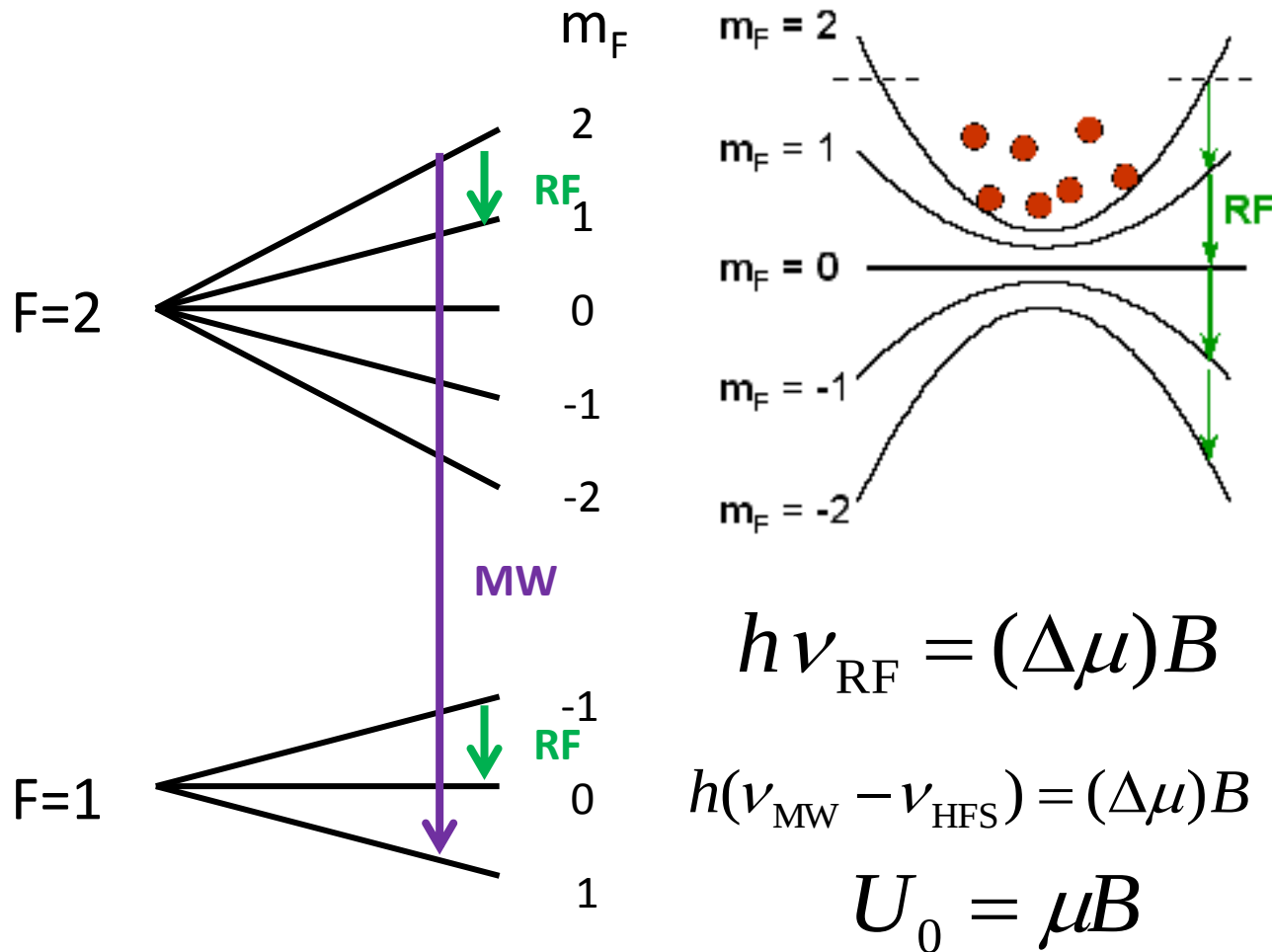
... also reduction of trap frequencies

$$\omega_r = \sqrt{\frac{4U_0}{mw_0^2}}$$

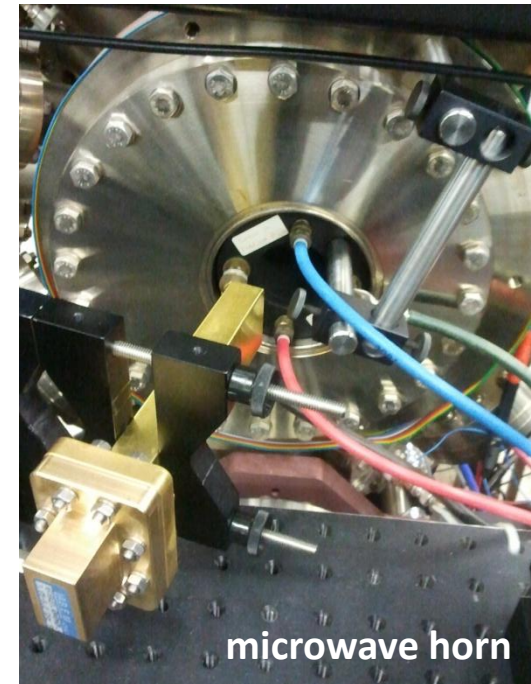
$$\omega_z = \sqrt{\frac{2U_0}{mz_R^2}}$$

$$n_0 = N \left(\frac{m\bar{\omega}^2}{2\pi k_B T} \right)^{3/2}$$

Evaporative cooling in magnetic trap

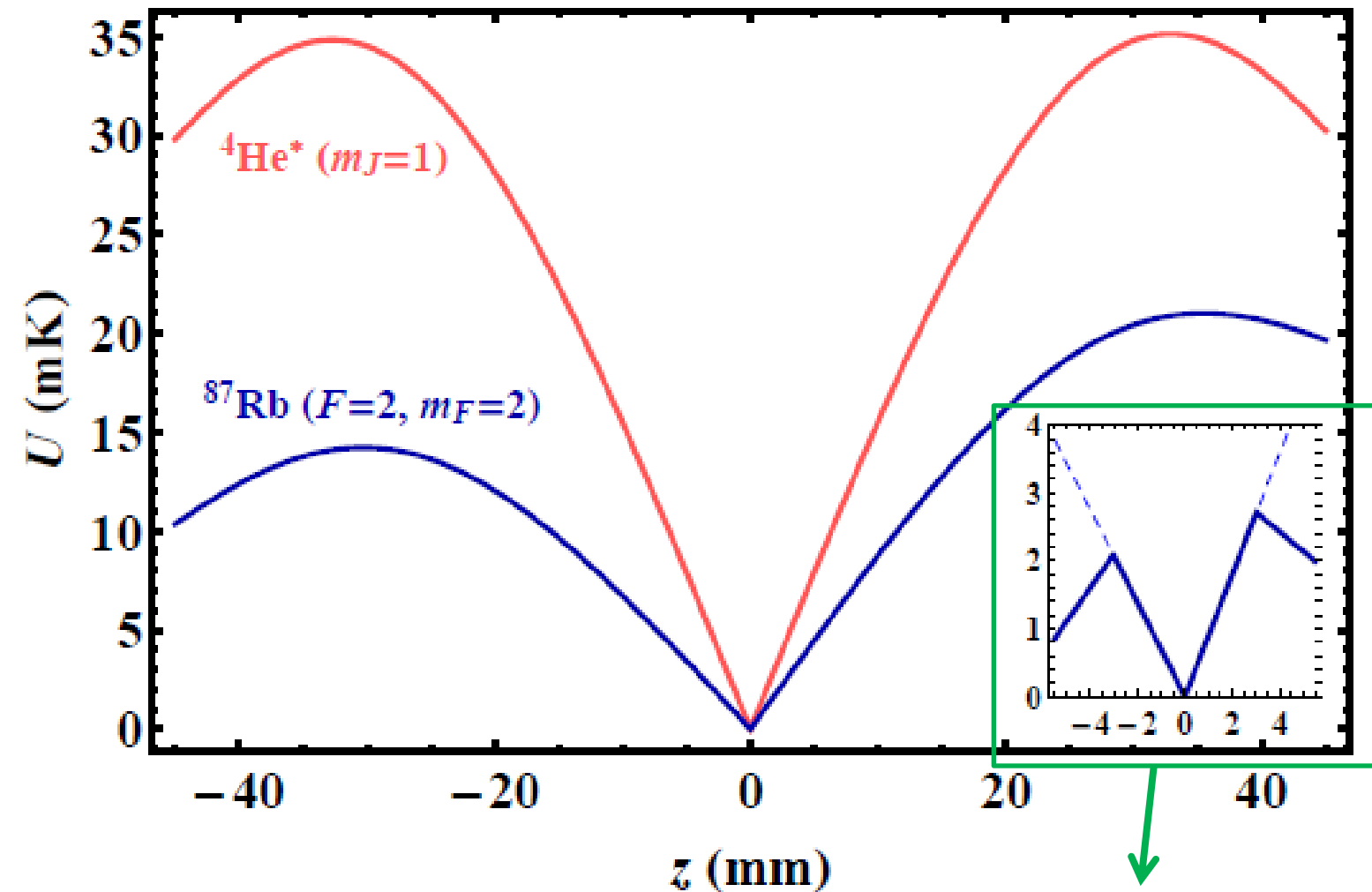


$$U_0 = \frac{\mu}{\Delta\mu} h\nu_{\text{RF}} \text{ or } \frac{\mu}{\Delta\mu} h(\nu_{\text{MW}} - \nu_{\text{HFS}})$$



RF or MW “knife”

Evaporative cooling in magnetic trap



MW knife on $F=2, m_F=2 \rightarrow F=1, m_F=1$

... no reduction of trap frequencies

Elastic cross section

$$\frac{d^2 u_l}{dr^2} + \left[k^2 - \frac{2\mu V(r)}{\hbar^2} - \frac{l(l+1)}{r^2} \right] u_l(r) = 0$$

$$k = \sqrt{2\mu E} / \hbar$$

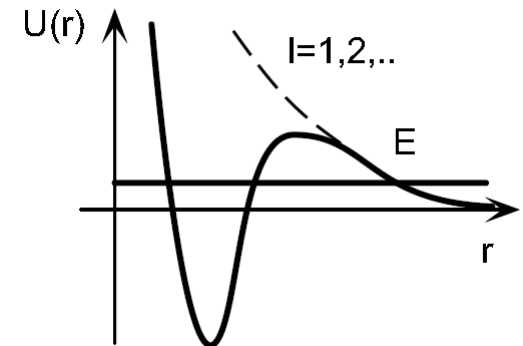
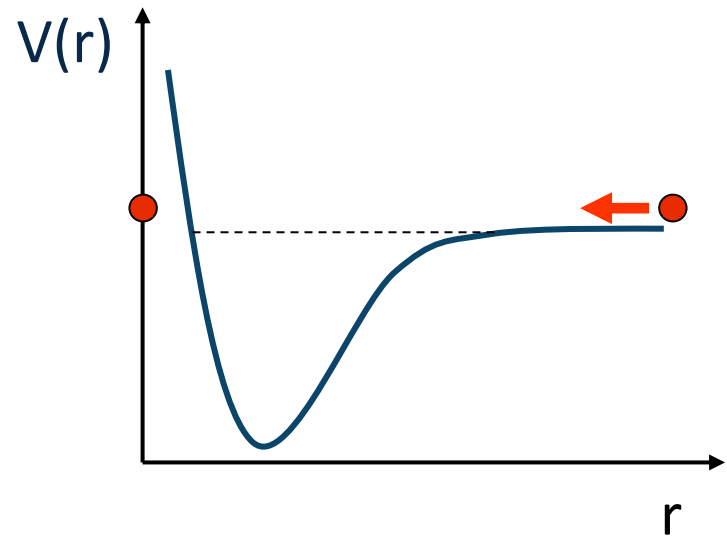
$$u_l(r) \sim A_l \sin \left(kr - l\frac{\pi}{2} + \delta_l \right)$$

$$\sigma(E) = \frac{4\pi}{k^2} \sum_{l=0}^{\infty} (2l+1) \sin^2 \delta_l$$

$$\lim_{k \rightarrow 0} \delta_l(k) \propto k^{2l+1}$$

$$\lim_{k \rightarrow 0} \sigma(E) = \lim_{k \rightarrow 0} \frac{4\pi}{k^2} \sin^2 \delta_0(k) = (2)4\pi a^2$$

B+B: even /
F+F: odd /
X+X': all /



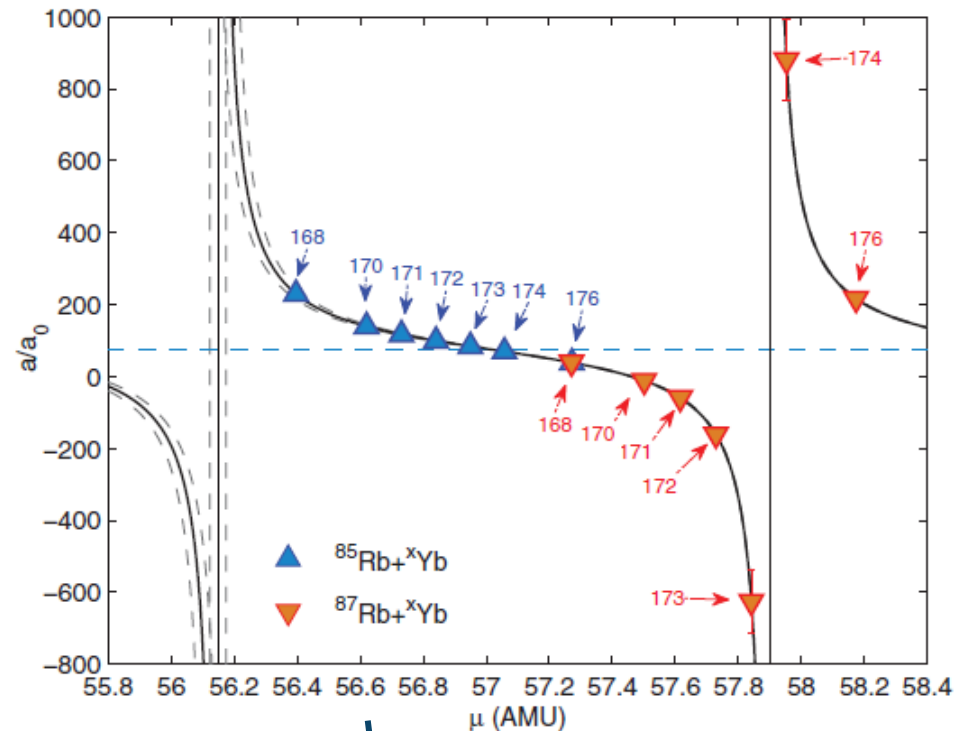
***a*: scattering length**

$$a = -\lim_{k \rightarrow 0} \frac{\tan \delta_0(k)}{k}$$

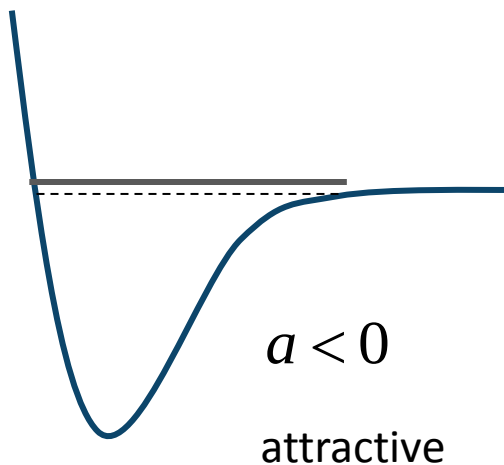
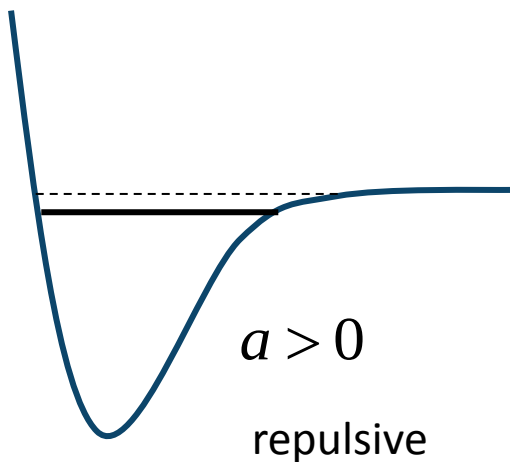
Scattering length

$$\frac{d^2 u_l}{dr^2} + \left[k^2 - \frac{2\mu V(r)}{\hbar^2} - \frac{l(l+1)}{r^2} \right] u_l(r) = 0$$

$$E_b = -\hbar^2 / (2\mu a^2)$$



Borkowski et al, PRA 2013



$$a \rightarrow \pm\infty$$

Bosons vs. Fermions for $T \rightarrow 0$

$$\sigma(E) = \frac{4\pi}{k^2} \sum_{l=0}^{\infty} (2l+1) \sin^2 \delta_l$$

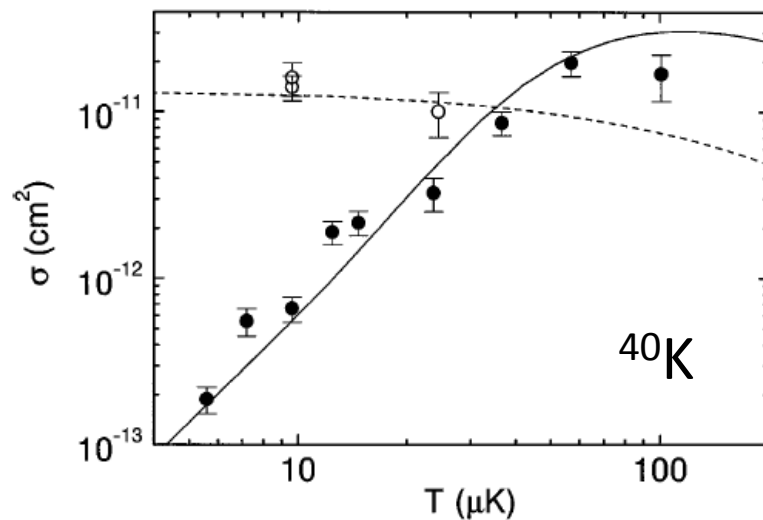
B+B: even /

F+F: odd /

X+X': all /

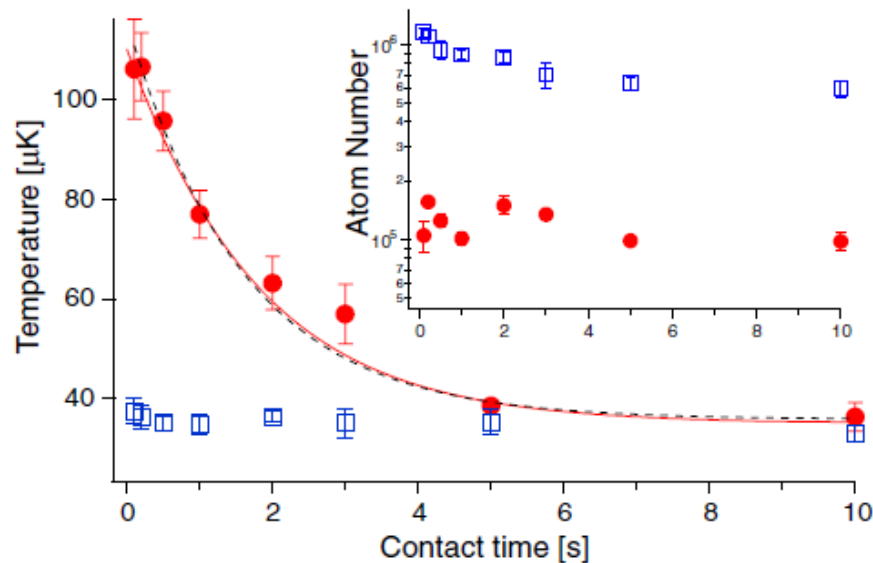
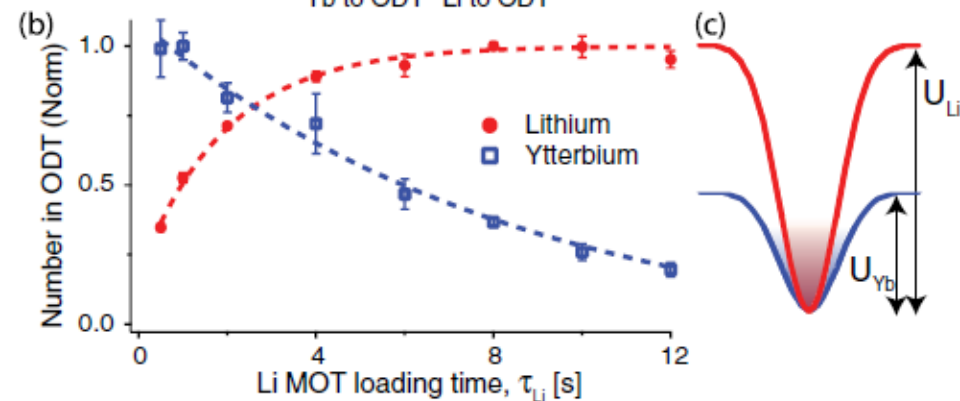
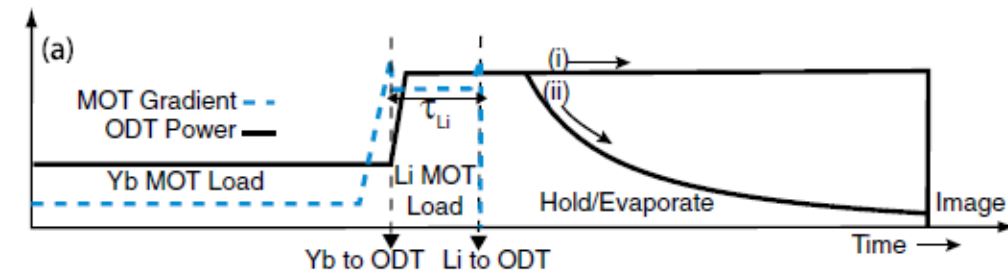
- identical bosons: s-wave scattering ($l=0$) $\sigma = 8\pi a^2$
- distinguishable particles: s-wave scattering ($l=0$) $\sigma = 4\pi a^2$
- identical fermions: p-wave scattering ($l=1$) $\sigma \propto T^2$
- How to do evaporative cooling with fermions?
 - Different spin states (Zeeman or hyperfine)
 - Different isotopes (e.g. ^6Li with ^7Li)
 - Different species (e.g. ^6Li with Na)

sympathetic cooling

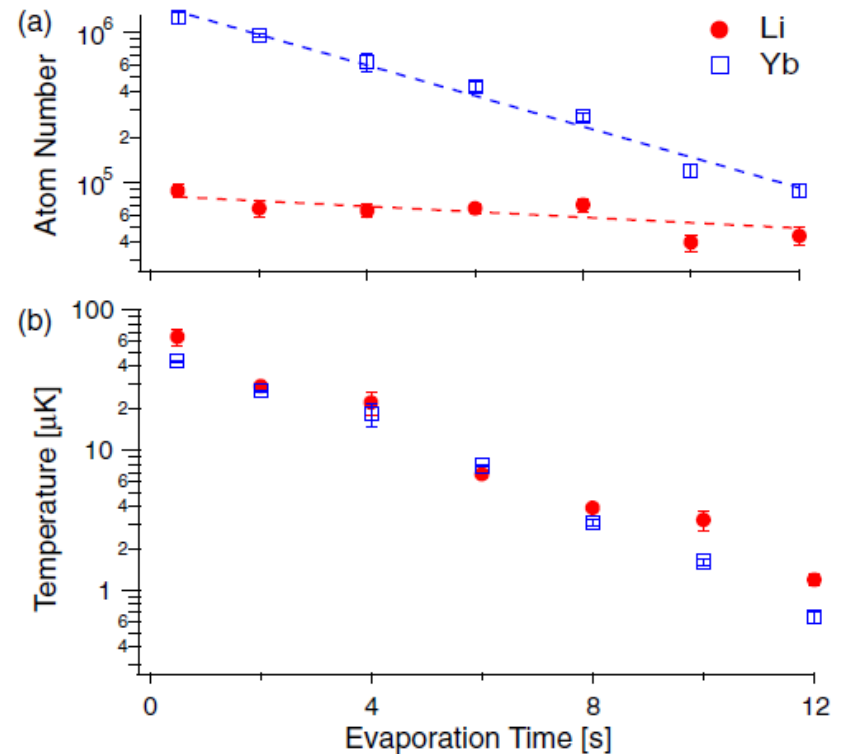


Sympathetic cooling

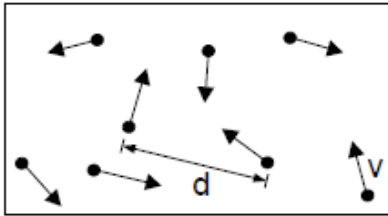
Example : ${}^6\text{Li}+{}^{174}\text{Yb}$
(Ivanov et al, PRL 2011)



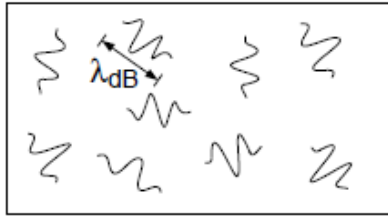
$$-\frac{1}{\Delta T} \frac{d(\Delta T)}{dt} = \gamma_{\text{th}} = \frac{\xi}{\alpha} \bar{n} \sigma_{\text{LiYb}} \bar{v}$$



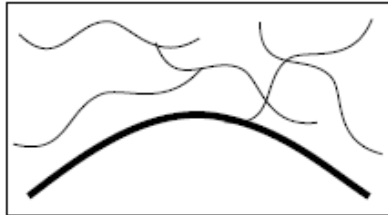
Bose-Einstein condensation



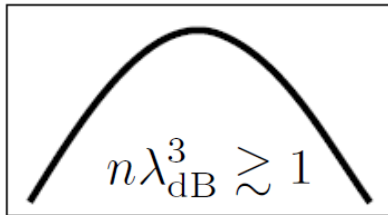
High Temperature T:
thermal velocity v
density d^{-3}
"Billiard balls"



Low Temperature T:
De Broglie wavelength
 $\lambda_{dB} = h/mv \propto T^{-1/2}$
"Wave packets"

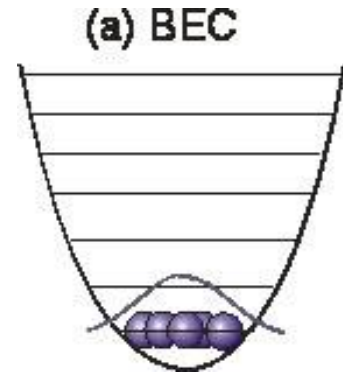


**$T = T_c$:
BEC**
 $\lambda_{dB} \approx d$
"Matter wave overlap"



**$T = 0$:
Pure Bose condensate**
"Giant matter wave"

Bose 1924, Einstein 1925:
macroscopic occupation of the lowest energy level



Nobelprize 2001



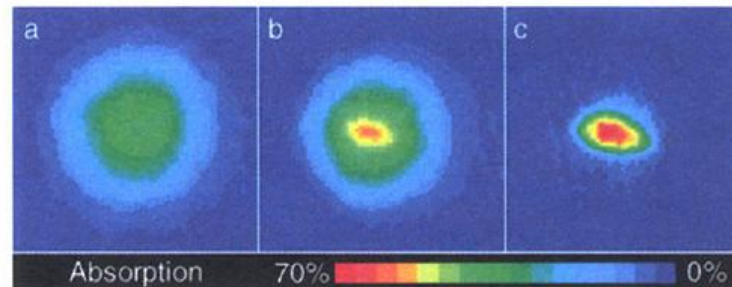
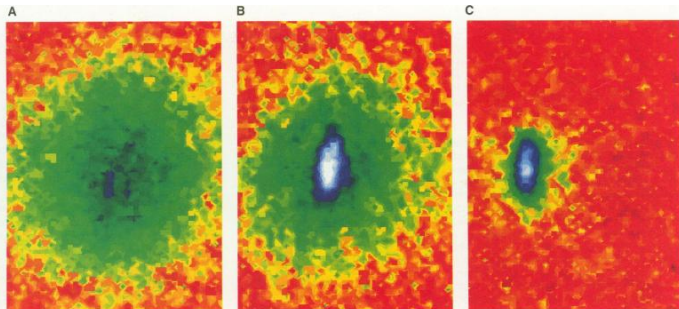
Cornell



Ketterle



Wieman



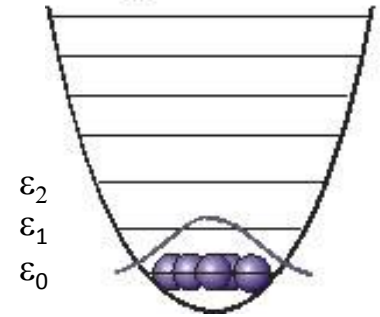
Anderson et al,
Science 1995
Davis et al,
PRL 1995

Theory of BEC (Ideal gas)

$$N = \sum_i N_i = \sum_i \frac{1}{e^{(\varepsilon_i - \mu)/k_B T} - 1}$$

μ : chemical potential $\mu < \varepsilon_0$

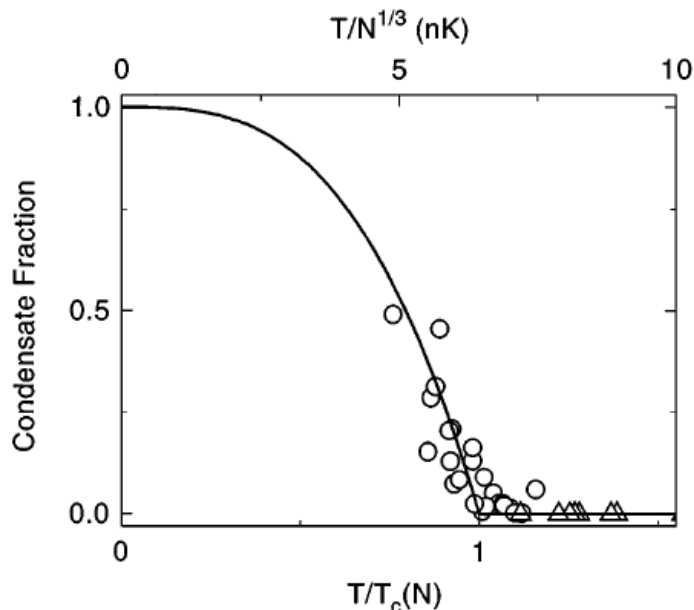
(a) BEC



$T \rightarrow 0, \quad \mu \rightarrow 0, \quad N_0 \rightarrow N$ (trivial)

but for $k_B T \gg \varepsilon_1 - \varepsilon_0$

$$N_{exc} = \sum_{i=1} \frac{1}{e^{(\varepsilon_i - \mu)/k_B T} - 1} < N?$$



harmonic trap $n_0 \lambda_{dB}^3(T_C) \approx 2.612$

$$k_B T_C \approx 0.94 \hbar \bar{\omega} N^{1/3} \quad \frac{N_0}{N} = 1 - \left(\frac{T}{T_C} \right)^3$$

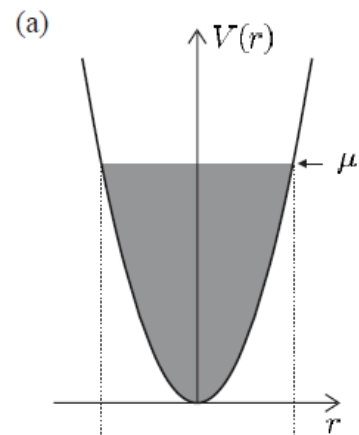
Mewes et al, PRL 1996

Interacting gas

$$\left(-\frac{\hbar^2}{2m} \nabla^2 + U(\vec{r}) + g|\psi|^2 \right) \psi = \mu \psi$$

Gross-Pitaevskii equation

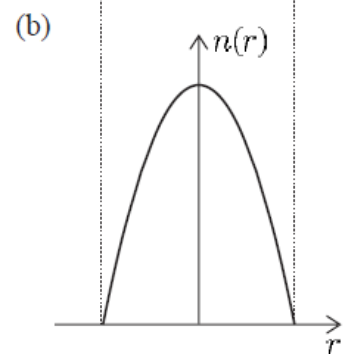
$$n(r) = N|\psi|^2 \quad U(\vec{r}) = \frac{1}{2} m (\omega_x^2 x^2 + \omega_y^2 y^2 + \omega_z^2 z^2) \quad g = \frac{4\pi\hbar^2 a}{m}$$



$$\left(U(\vec{r}) + g|\psi|^2 \right) \psi = \mu \psi$$

Thomas-Fermi approximation
(neglect kinetic energy)

$$|\psi|^2 = \frac{\mu - U(\vec{r})}{g}$$



$$n(r) = n_0 \left(1 - \frac{x^2}{R_x^2} - \frac{y^2}{R_y^2} - \frac{z^2}{R_z^2} \right)$$

inverted parabola

$$\frac{1}{2} m \omega_i^2 R_i^2 = \mu$$

$$n_0 = \frac{N\mu}{g}$$

Interacting gas

$$n_0 = \frac{N\mu}{g}$$

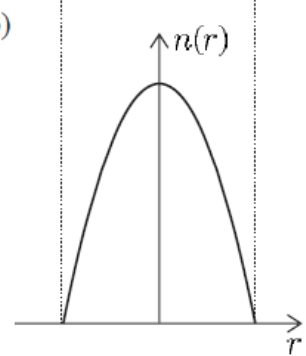
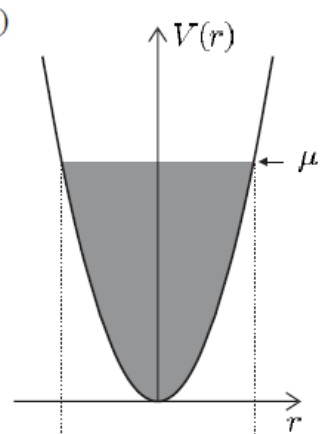
$$\frac{1}{2}m\omega_i^2 R_i^2 = \mu$$

$$n(r) = n_0 \left(1 - \frac{x^2}{R_x^2} - \frac{y^2}{R_y^2} - \frac{z^2}{R_z^2} \right)$$

inverted parabola

$$\int n(\vec{r}) d\vec{r} = N = \frac{N\mu}{g} \frac{8\pi}{15} R_x R_y R_z$$

$$n_0 = \left(\frac{m\bar{\omega}}{\hbar} \right)^{6/5} \frac{(15N)^{2/5}}{8\pi a^{3/5}} \quad \bar{\omega} = (\omega_x \omega_y \omega_z)^{1/3}$$



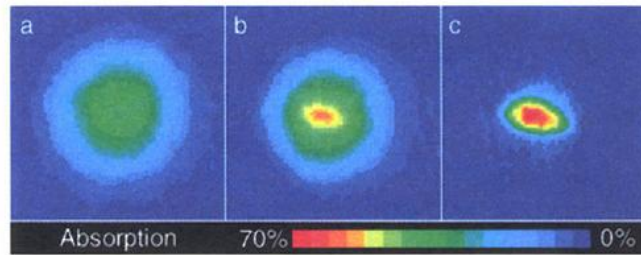
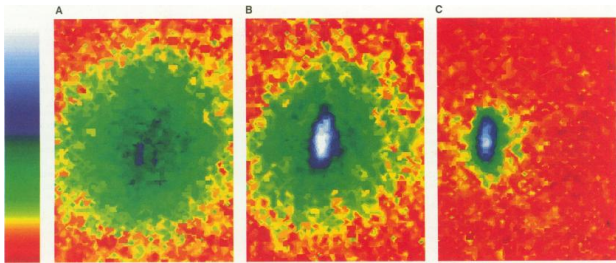
compare with thermal gas:

$$n(r) = n_0 e^{-\frac{x^2}{2\sigma_x^2} - \frac{y^2}{2\sigma_y^2} - \frac{z^2}{2\sigma_z^2}}$$

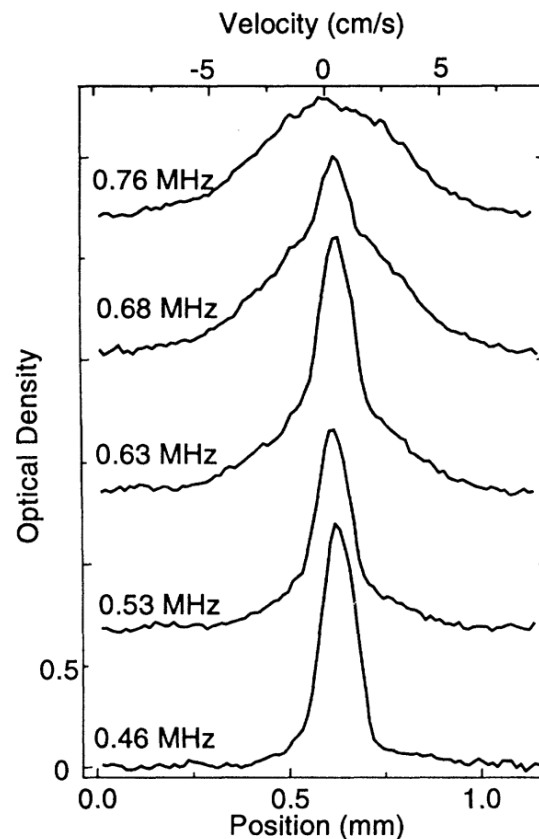
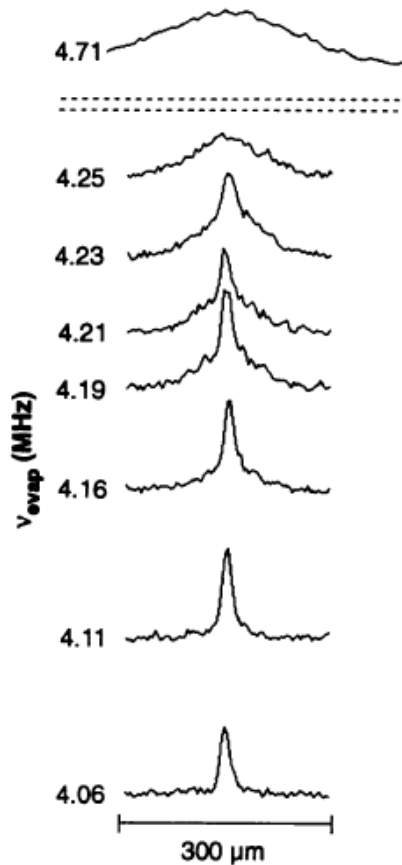
$$n_0 = N \left(\frac{m\bar{\omega}^2}{2\pi k_B T} \right)^{3/2} \quad \sigma_i = \sqrt{\frac{k_B T}{m\omega_i^2}}$$

Gaussian distribution

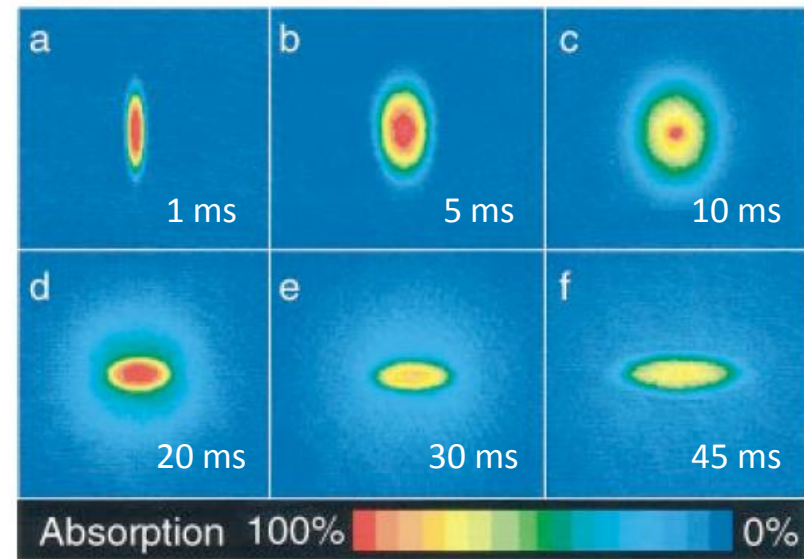
Experimental signature of BEC



Bimodal distribution

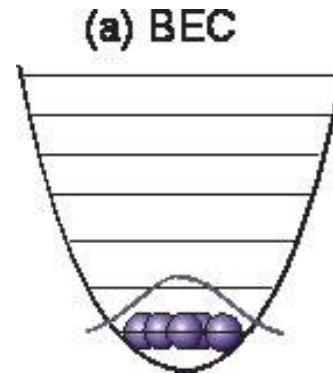
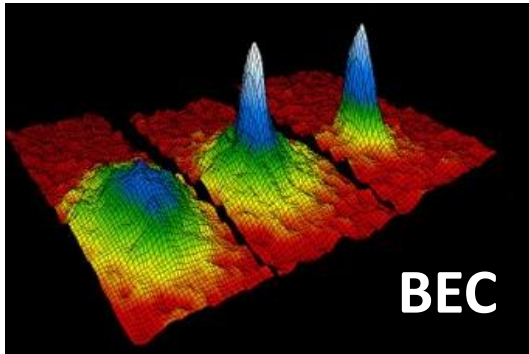


Anisotropic expansion



Mewes et al, PRL 1996

BEC's



Periodic Table of Elements

1 H																	2 He														
3 Li	4 Be																	10 Ne													
11 Na	12 Mg	13 Al	14 Si	15 P	16 S	17 Cl	18 Ar																								
19 K	20 Ca	21 Sc	22 Ti	23 V	24 Cr	25 Mn	26 Fe	27 Co	28 Ni	29 Cu	30 Zn	31 Ga	32 Ge	33 As	34 Se	35 Br	36 Kr														
37 Rb	38 Sr	39 Y	40 Zr	41 Nb	42 Mo	43 Tc	44 Ru	45 Rh	46 Pd	47 Ag	48 Cd	49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe														
55 Cs	56 Ba	57 *La	58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb	71 Lu	72 Hf	73 Ta	74 W	75 Re	76 Os	77 Ir	78 Pt	79 Au	80 Hg	81 Tl	82 Pb	83 Bi	84 Po	85 At	86 Rn
87 Fr	88 Ra	89 +Ac	90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No	103 Lr	104 Rf	105 Ha	106	107	108	109	110								

* Lanthanide Series
+ Actinide Series

58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb	71 Lu
90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No	103 Lr

BEC:

H , $^4\text{He}^*$, ^7Li , ^{23}Na , $^{39,41}\text{K}$,
 ^{40}Ca , ^{52}Cr , $^{85,87}\text{Rb}$,
 $^{84,86,88}\text{Sr}$, ^{133}Cs , $^{162,164}\text{Dy}$,
 ^{168}Er , $^{168,170,174,176}\text{Yb}$

first: Rb, Na (1995)

latest: Er (2012)

BEC for $a > 0$ and $a < 0$

$$\left(-\frac{\hbar^2}{2m} \nabla^2 + U(\vec{r}) + g|\psi|^2 \right) \psi = \mu \psi \quad g = \frac{4\pi\hbar^2 a}{m}$$

$$|\psi|^2 = \frac{\mu - U(\vec{r})}{g} \quad n(r) = N|\psi|^2$$

BEC with $a < 0$ not stable (only for small atom number)

^7Li	$-28a_0$
^{23}Na	$+55a_0$
^{85}Rb	$-388a_0$
^{87}Rb	$+98a_0$

Quantum degenerate mixtures

Bose-Bose mixture:

three scattering lengths: a_{11} , a_{22} , a_{12}

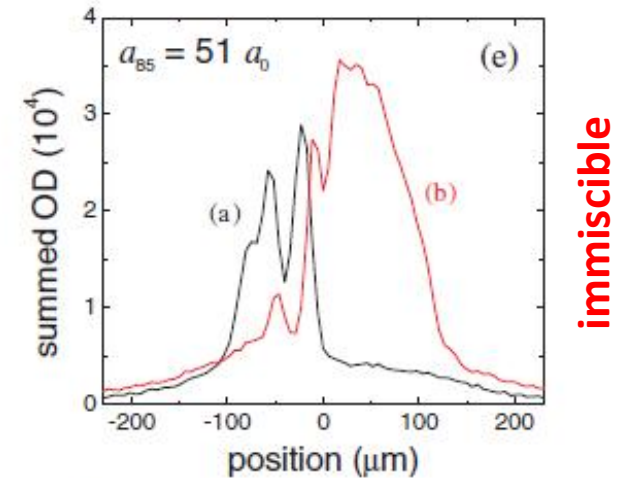
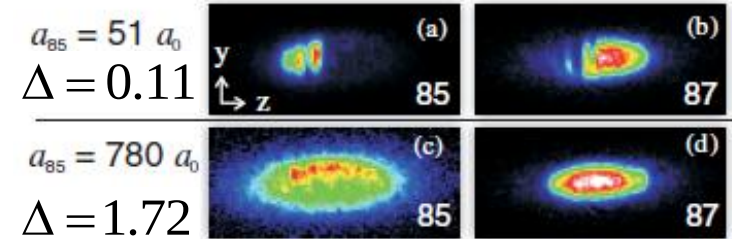
$$g_{ij} = 2\pi\hbar^2 a_{ij} \left(\frac{m_i + m_j}{m_i m_j} \right)$$

$$g_{11} > 0, g_{22} > 0, g_{11}g_{22} > g_{12}^2$$

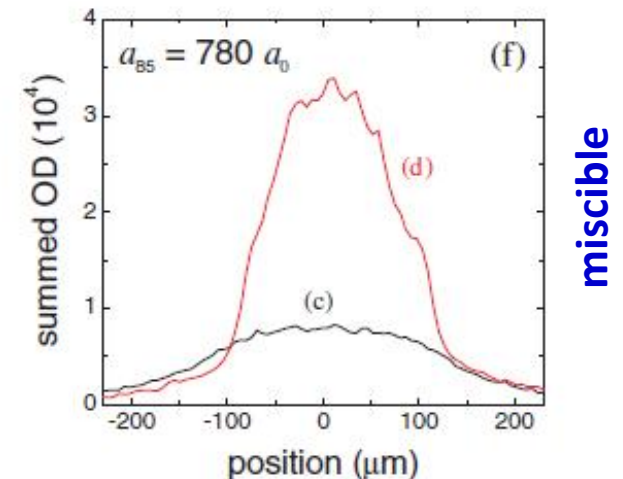
$$\Delta = \frac{g_{12}}{\sqrt{g_{11}g_{22}}} > 1$$

Example: $^{85}\text{Rb}+^{87}\text{Rb}$ (Papp, Pino, Wieman, PRL 2008)

$a_{87}=+99a_0$; $a_{85-87}=+213a_0$; a_{85} varied (Feshbach resonance)



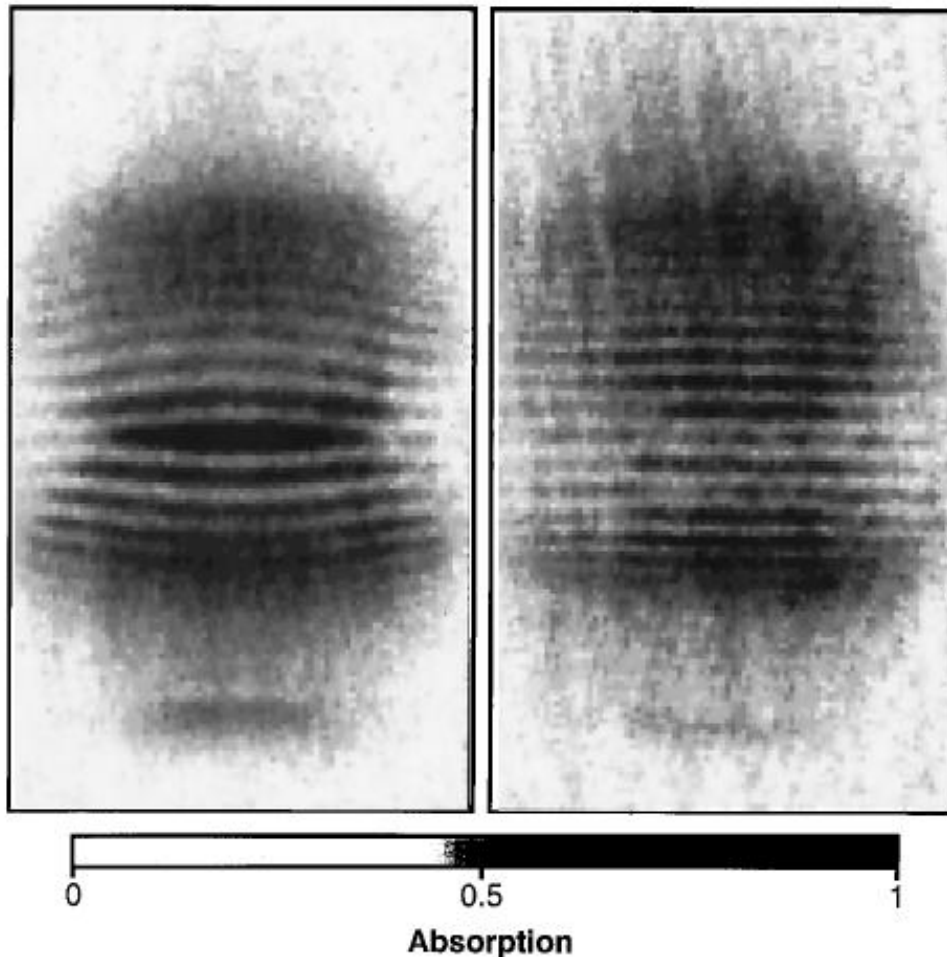
immiscible



miscible

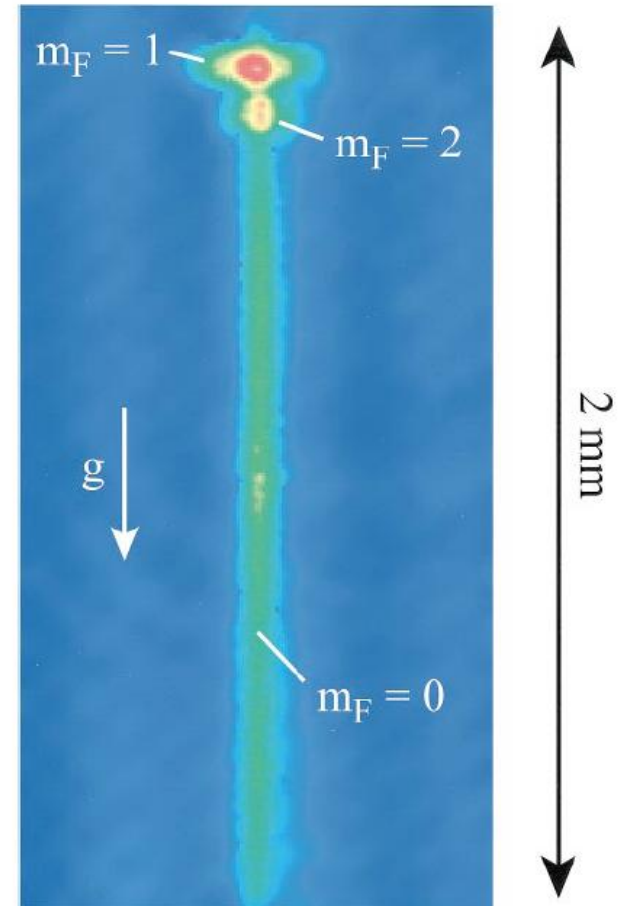
Early key experiments BEC

Interference between two BEC's



Andrew et al, Science 1997

Atom laser

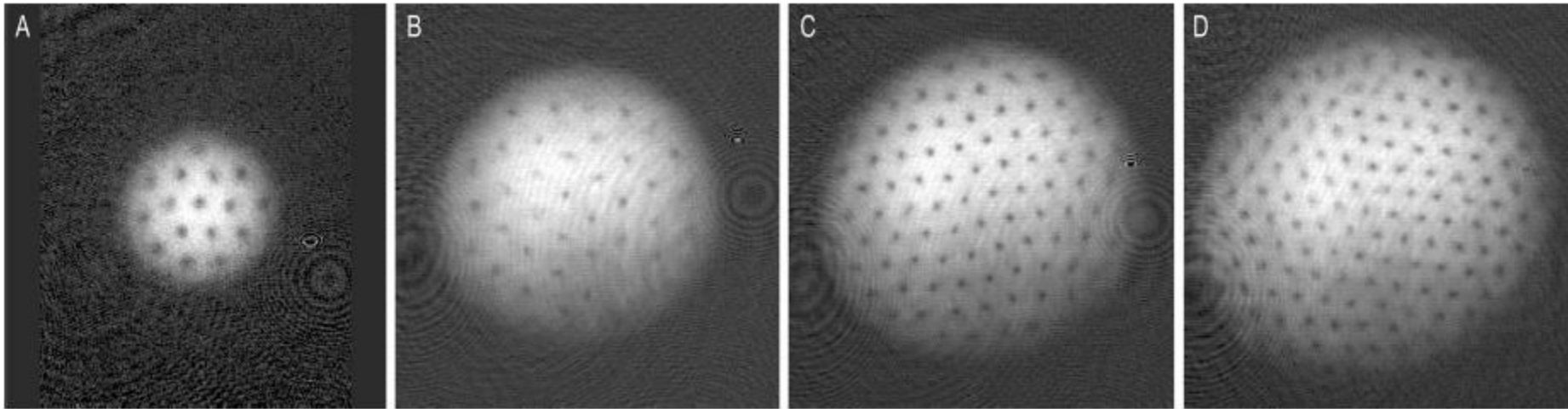


Bloch et al, PRL 1999

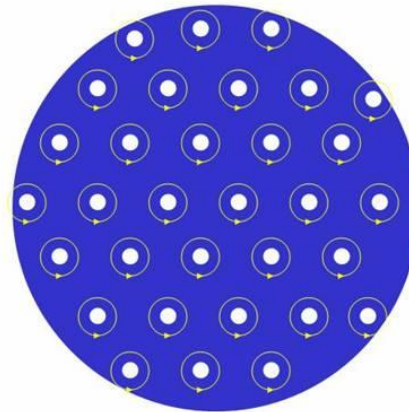
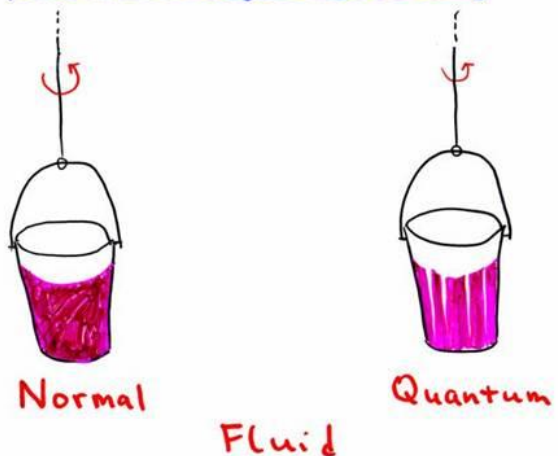
Early key experiments BEC

Vortices in rotating BEC's

Abo-Shaeer et al, Science 2001

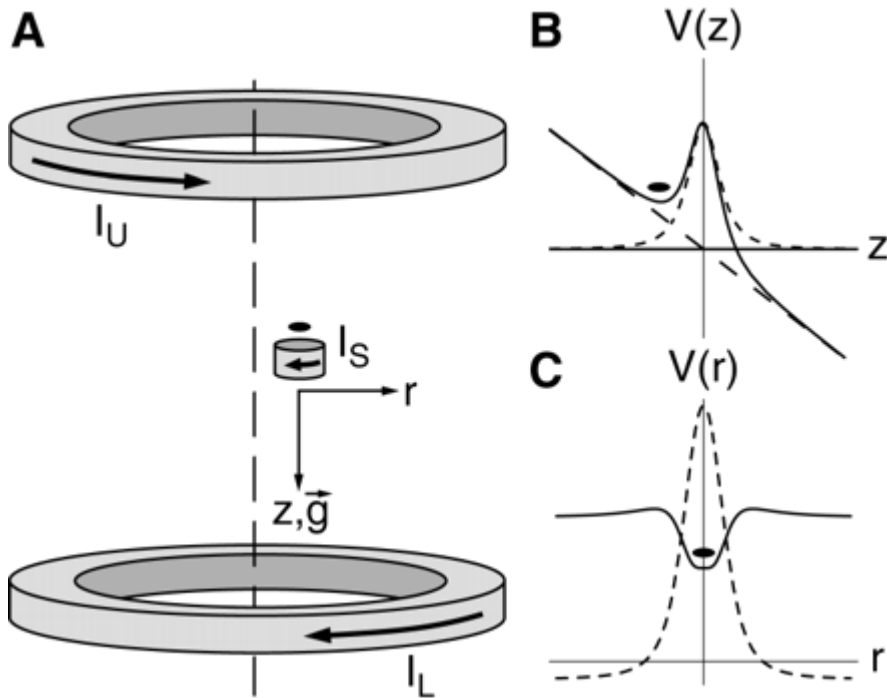


Rotating Fluids



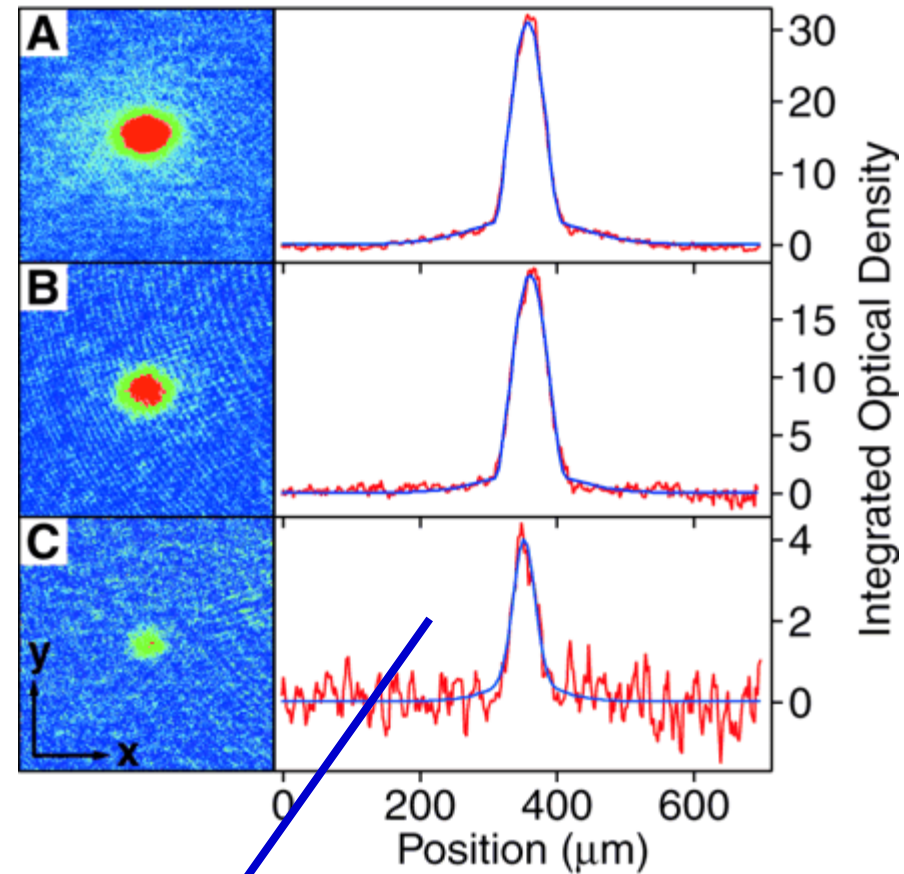
superfluid

Lowest temperature



$$k_B T_C \approx 0.94 \hbar \bar{\omega} N^{1/3}$$

$$\frac{N_0}{N} = 1 - \left(\frac{T}{T_C} \right)^3$$

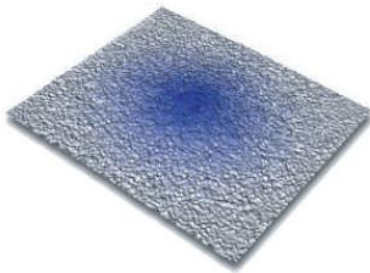
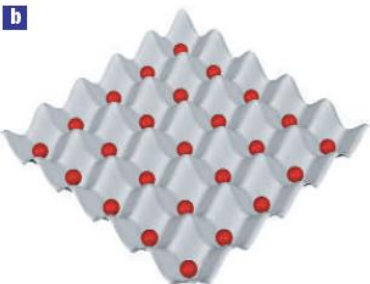
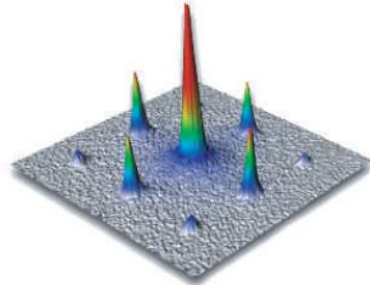
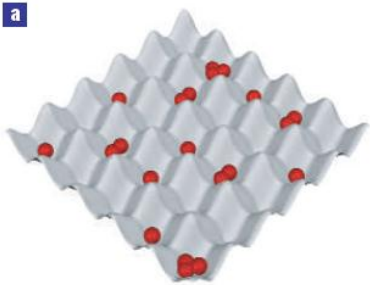
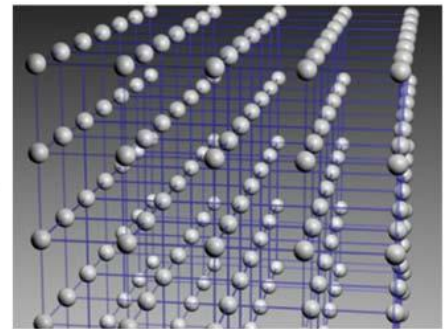
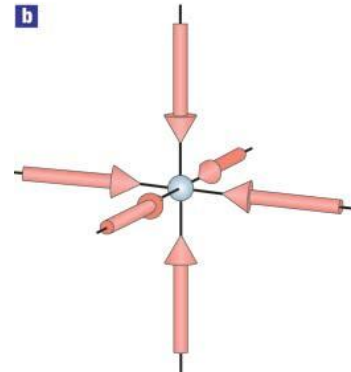
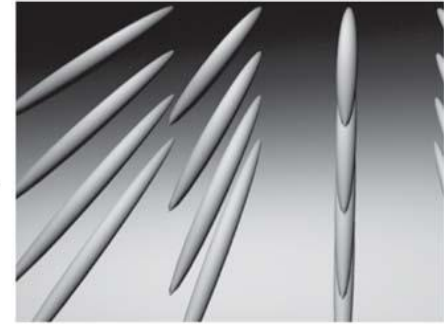
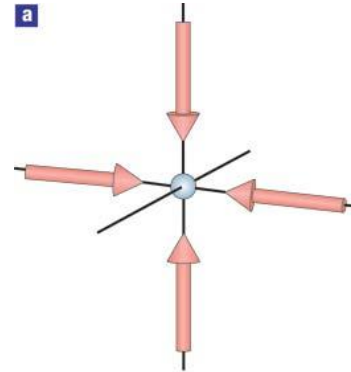
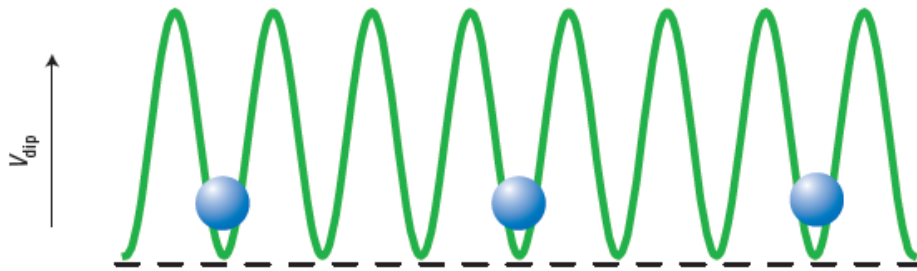


450 $\pm$ 80 pK !!!

Early key experiments BEC

Superfluid to Mott insulator transition for BEC in optical lattice

$$V_{\text{lat}}(x) = V_0 \sin^2(k_L x) \quad k_L = 2\pi/\lambda_L$$

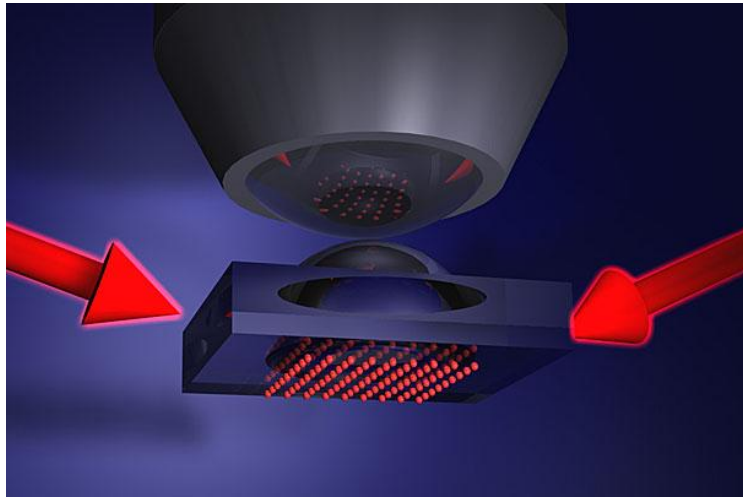


$$\hat{H} = -J \sum_{\langle i,j \rangle} \hat{a}_i^\dagger \hat{a}_j + \frac{U}{2} \sum_i \hat{n}_i (\hat{n}_i - 1)$$

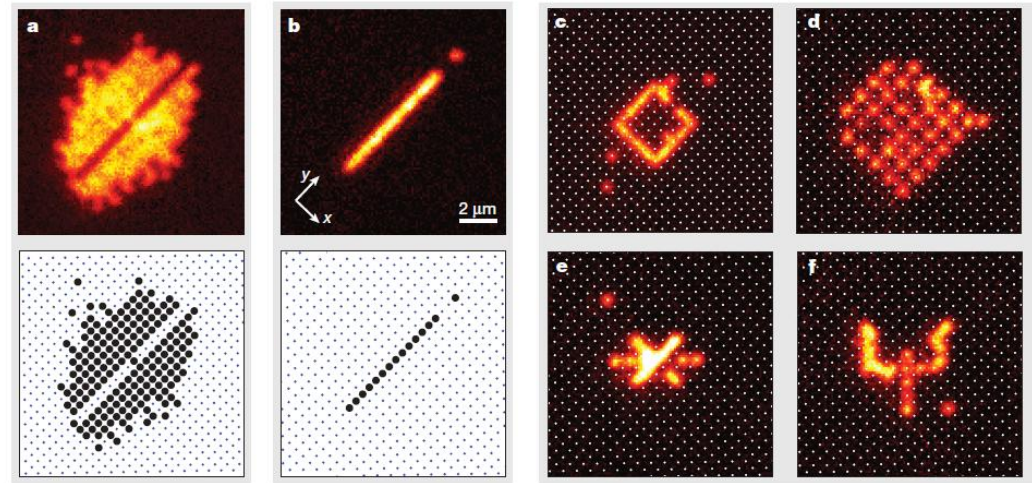
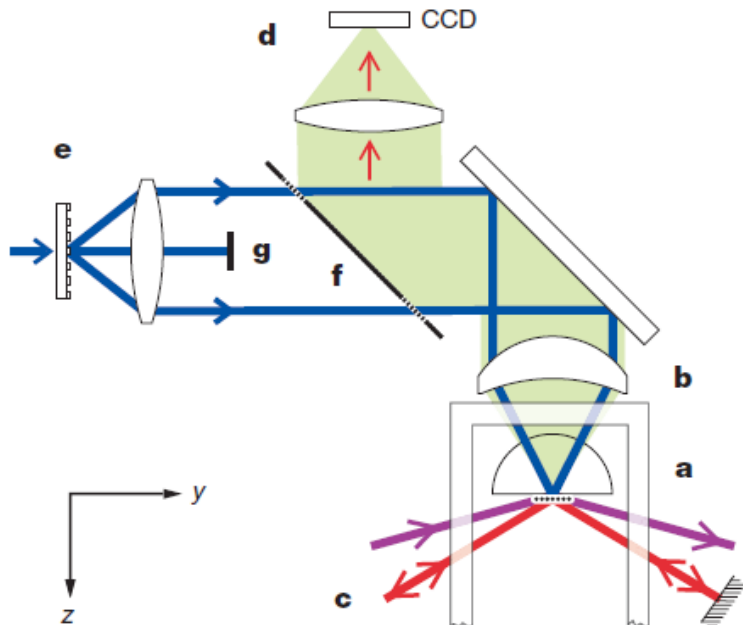
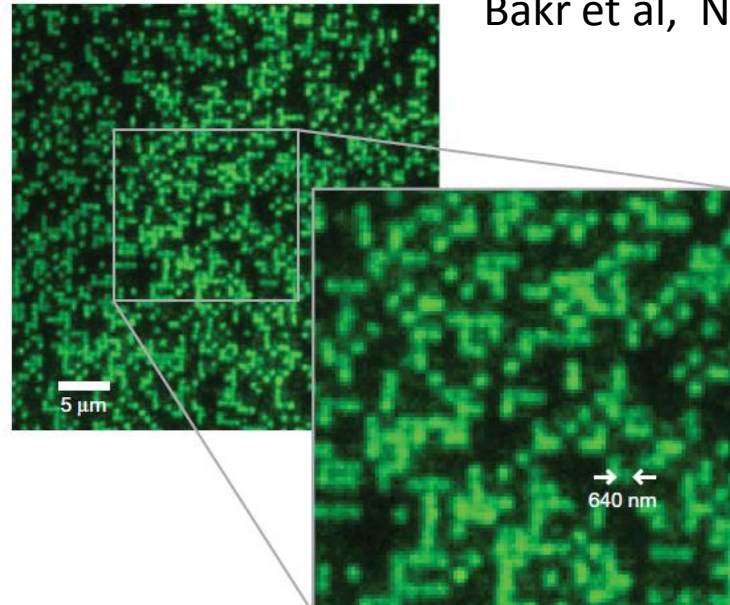
Bose-Hubbard model

Greiner et al, Nature 2002

Quantum gas microscope



Bakr et al, Nature 2009

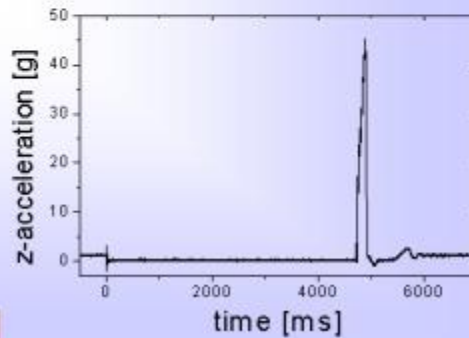
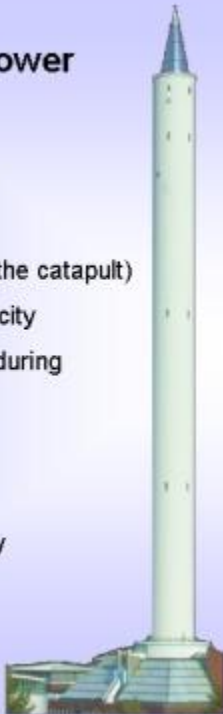


Weitenberg et al, Nature 2011

BEC in micro gravity

ZARM Drop Tower

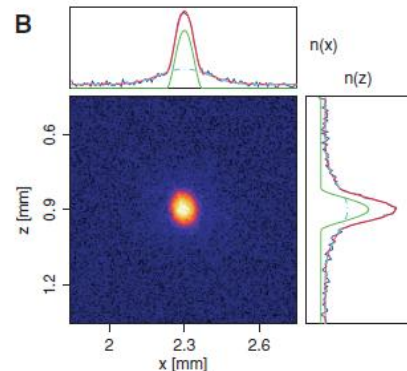
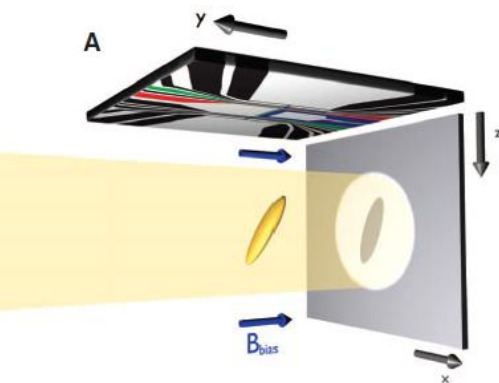
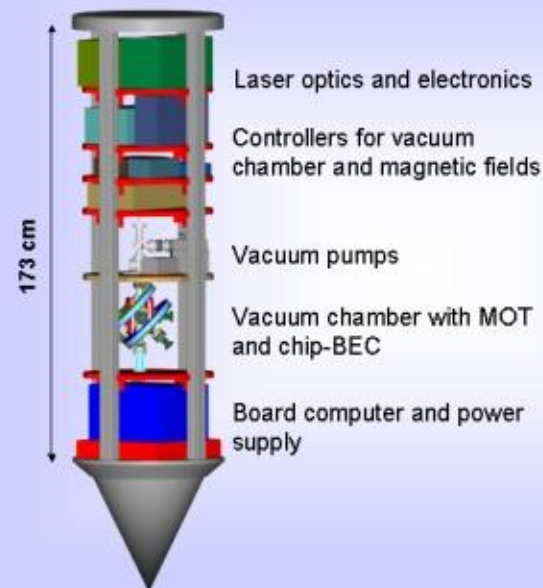
- 110 m drop height
- 4.5 s drop time
(>9 s planned for the catapult)
- 170 km/h end velocity
- 50 g deceleration during recapture
- Micro-g level: 10^{-6}
- 10^{-1} mbar vacuum
- up to 3 flights / day



van Zoest et al, Science 2010
QUANTAS

BEC on atom chip

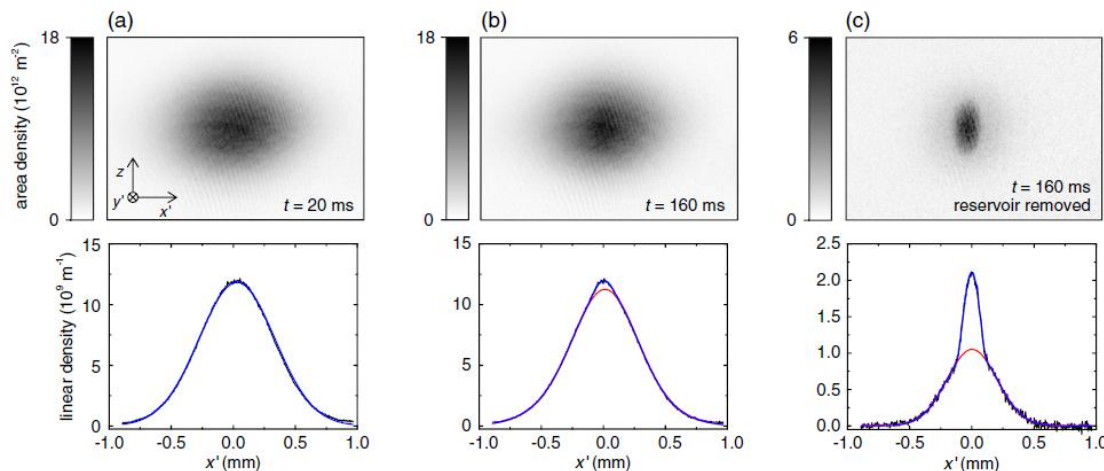
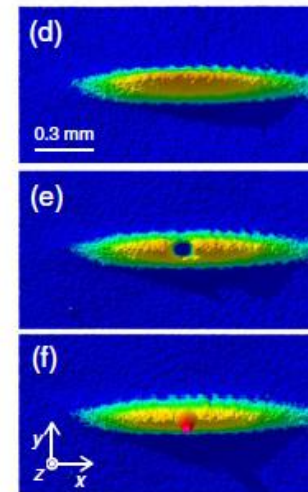
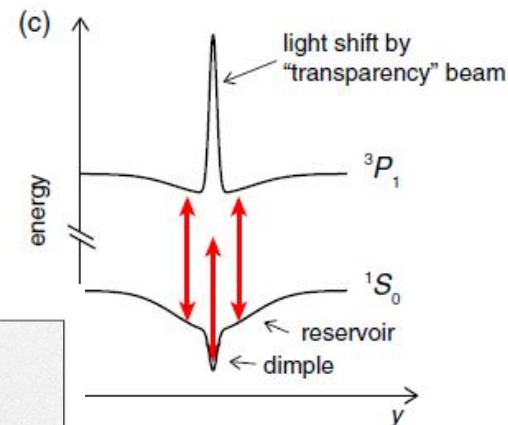
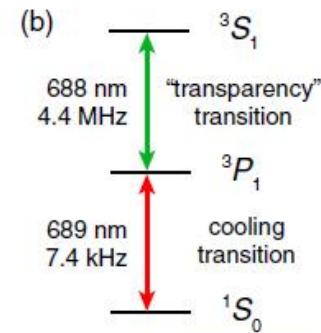
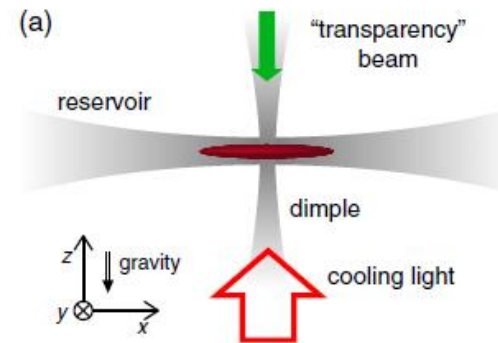
Drop capsule



Laser cooling to BEC

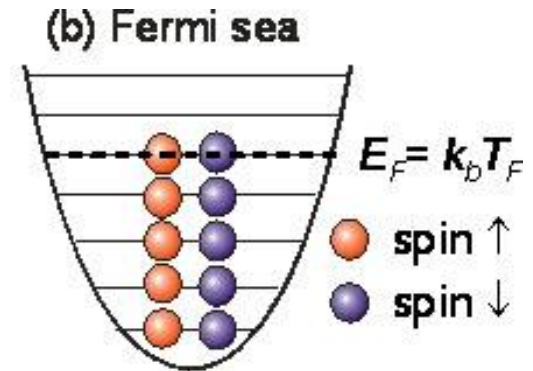
Stellmer et al, PRL 2013

- strontium
- Doppler cooling below $1\mu\text{K}$ on narrow transition
- dimple trap, protected from laser cooling beam by “transparency” beam
- no evaporative cooling!



$$k_B T_D = \frac{\hbar \Gamma}{2}$$

Degenerate Fermi gases (DFG)



Periodic Table of Elements

1 H																	2 He						
3 Li	4 Be																	5 B	6 C	7 N	8 O	9 F	10 Ne
11 Na	12 Mg	13 Al	14 Si	15 P	16 S	17 Cl	18 Ar																
19 K	20 Ca	21 Sc	22 Ti	23 V	24 Cr	25 Mn	26 Fe	27 Co	28 Ni	29 Cu	30 Zn	31 Ga	32 Ge	33 As	34 Se	35 Br	36 Kr						
37 Rb	38 Sr	39 Y	40 Zr	41 Nb	42 Mo	43 Tc	44 Ru	45 Rh	46 Pd	47 Ag	48 Cd	49 In	50 Sn	51 Sb	52 Te	53 I	54 Xe						
55 Cs	56 Ba	57 La	58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb	71 Lu							
87 Fr	88 Ra	89 Ac	90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No	103 Lr							

* Lanthanide Series
+ Actinide Series

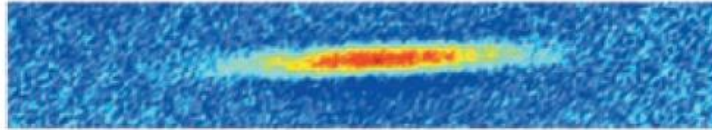
58 Ce	59 Pr	60 Nd	61 Pm	62 Sm	63 Eu	64 Gd	65 Tb	66 Dy	67 Ho	68 Er	69 Tm	70 Yb	71 Lu
90 Th	91 Pa	92 U	93 Np	94 Pu	95 Am	96 Cm	97 Bk	98 Cf	99 Es	100 Fm	101 Md	102 No	103 Lr

DFG:

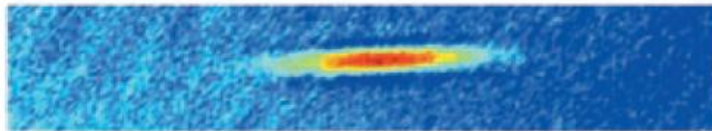
$^3\text{He}^*$, ^6Li , ^{40}K , ^{87}Sr ,
 ^{161}Dy , ^{167}Er , $^{171,173}\text{Yb}$

Experimental signature of DFG

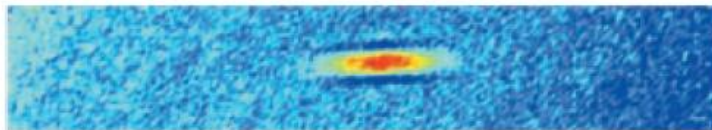
^7Li



$T = 810 \text{ nK}$

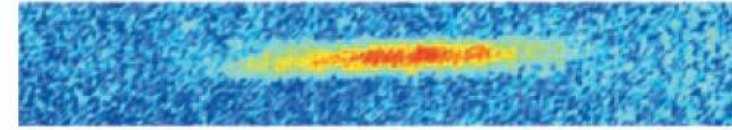


$T = 510 \text{ nK}$

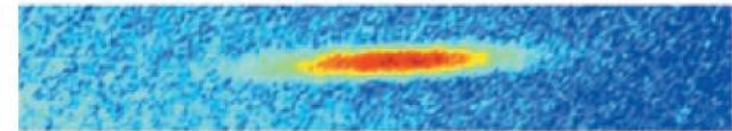


$T = 240 \text{ nK}$

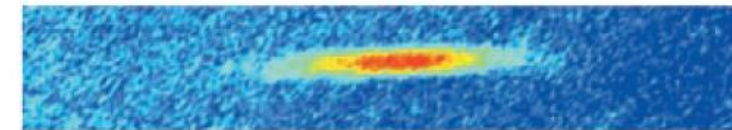
^6Li



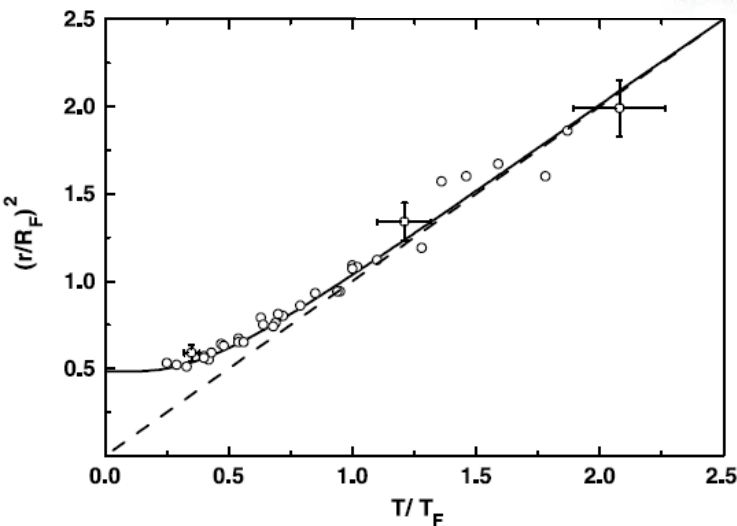
$T/T_F = 1.0$



$T/T_F = 0.56$

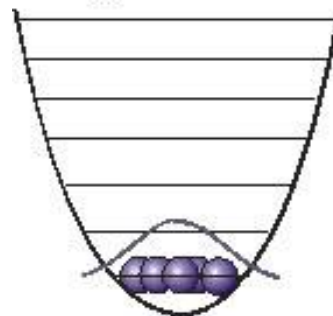


$T/T_F = 0.25$



Truscott et al, Science 2001

(a) BEC



(b) Fermi sea

