

# Utopia

- Serious Games – Assignment week 3
- T. Rusiyanadi UvA/5833965

Ideally, a utopia would be a place where everybody is in a constant happy and content state. An easy solution would be what Christians would see as “Heaven”: a world without all the sources that prevents us from achieving constant happiness all the time. This world would not only be free of wars, natural disasters, diseases and poverty, but also no “negative” physical or emotional human characteristics such as pain, sadness and death. But truth is that all the latter characteristics are what make us human.

So instead of having all the sources mentioned above absent, my idea of a utopia would have all the same physical properties as the current world we live in, but all the people would have the same mindset about living life, which is that no matter the gender, race or religion, each individual has equal rights, freedom and chances to live life, pursue happiness and find the meaning of love and life (which differs per individual). Ideally we would all work together to give each other these rights, freedom, respect and path to happiness without hurting others.

If everybody had this mindset then there would be more altruism and empathy towards each other. It is unsure what would exactly happen to politics and the economy, but there would be no resources spent on hurting each other (in any way) and more spent on trying to limit suffering. The state of technology and science doesn't matter – it is not a requirement to achieve happiness, but it can be used as a tool to help each other trying to achieve happiness.

To make this work the realization of how our actions affects others. If you take all the variables in the world it seems impossible for all of us to know what the effects will be. Achieving happiness without hurting each other in one way or another (unconsciously) also seems impossible. There are issues such as eating meat or using drugs which is part of one's happiness, but really upsets others. Respect will come a long way.